**G** ​= Giving **WoW** ​= Watching other wear

**R** ​= Receiving \***\*** ​= Upon negotiation, extra ​***will*** ​apply

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| **ACTS**  | **Giving / Receiving**  | **How I feel about it NO** **– 1 – 2 – 3 – 4 - 5**  |
| **SEX**  |
| Anal penetration  | G/R **\*\*** | 4  |
| Vaginal penetration  | G/R  | 4  |
| Cock worship  | Yes  | 5  |
| Cunnilingus  | G/R  | 5  |
| Double penetration – Oral/Vaginal  | G/R  | 5  |
| Double penetration – Oral/Anal  | G/R \*\* | 4  |
| Double penetration – Vaginal/Anal  | G/R \*\* | 3  |
| Drinking cum  | Yes  | 3  |
| Blow job  | Yes  | 5  |
| Threesome (MFM)  | Yes \*\* | 5  |
| Threesome (FMF)  | Yes \*\* | 5  |
| Couple exchange (contact within all participants)  | Yes \*\* | 5  |
| Couple exchange (No M&M contact)  | Yes \*\* | 4  |
| Orgy  | Yes  | 5  |
| **BONDAGE**  |
| N.B. Proof of proficiency in bondage will be requested for receiving.  |
| Light bondage  | G/R  | 3  |
| Heavy bondage  | G/R  | 3  |
| Collars (leather)  | G/R  | 5  |
| Collars (other)  | G/R  | 4  |

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| Cuffs (leather)  | G/R  | 5  |
| Cuffs (other)  | G/R  | 4  |
| Gags (ball)  | G/R  | 3  |
| Gags (funnel)  | G  | No  |
| Gags (panties)  | G/R  | 5  |
| Gags (other)  | G/R  | 4  |
| Harnessing (suspended)  | G/R  | 3  |
| Intricate rope bondage  | G/R  | 3  |
| Leather restraints  | G/R  | 4  |
| Mummification  | G  | 3  |
| Saran wrapping  | G  | 4  |
| Shackles  | G/R  | 4  |
| Spreader-bars  | G/R  | 5  |
| Spread-eagle  | G/R  | 5  |
| Stocks  | G/R  | 4  |
| Straight-jackets  | G/R  | 4  |
| Strapping - full body  | G/R  | 4  |
| Suspension  | G/R  | 5  |
| Suspension (inverted)  | G  | 4  |
| **FETISH ITEMS**  |
| Boot worship  | G/R  | 5  |
| Corsets  | Wear/Watch other Wear  | 5  |
| Foot Worship  | G/R  | 5  |
| Forced x dressing  | G/R  | 3  |
| High heel  | Wear/WoW  | 5  |
| High heel worship  | G/R  | 5  |
| Uniforms  | Wear/WoW  | 3  |
| Hoods (leather)  | Wear/WoW  | 4  |
| Hoods (metal)  | Wear/WoW  | 4  |

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| Hoods (other)  | Wear/WoW  |  | 5  |
| Latex  | Wear/WoW  |  | 5  |
| Rubber  | Wear/WoW  |  | 4  |
| Leather  | Wear/WoW  |  | 4  |
| **BODILY FUNCTIONS**  |  |
| Breath Control  | G/R  |  | 3  |
| Brown showers  | NO |  | No  |
| Catheterization  | NO |  | No  |
| Drinking urine  | G  |  | 3  |
| Enemas  | G/R\*  |  | 3  |
| Physical Examinations  | G/R  |  | 4  |
| Golden showers  | G/R \*\* |  | 3  |
| Medical scenes  | G  |  | 3  |
| **INTENSE SENSATIONS (AKA PAIN)**  |  |
| Caning  | G/R  |  | 3  |
| Clip and Clamps  | G/R  |  | 4  |
| Cock & Ball torture  | G  |  | 3  |
| Electrical play  | G/R  |  | 5  |
| Flogging  | G/R  |  | 5  |
| Heat  | G/R  |  | 4  |
| Scratching  | G/R  |  | 5  |
| Biting  | G/R  |  | 5  |
| Spanking (Over knee)  | G/R  |  | 5  |
| Spanking (Other)  | G/R  |  | 4  |
| Wax  | G/R  |  | 5  |
| Ice  | G/R  |  | 3  |
| **OTHER**  |  |
| Diapering  | No  |  | No  |
| Exhibitionism  | G/R  |  | 4  |

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| Fantasy rape  | G/R  | 5  |
| Following orders  | G/R  | 4  |
| Forced nudity  | G/R  | 4  |
| Forced servitude  | G/R  | 4  |
| Hair pulling  | G/R  | 5  |
| Housework  | G/R  | 4  |
| Humiliation (In private)  | G/R  | 4  |
| Humiliation (in public)  | G  | 4  |
| Infantilism  | No  | No  |
| Interrogations  | G/R  | 3  |
| Kidnapping  | G/R  | 4  |
| Kneeling  | G/R  | 4  |
| Licking  | G/R  | 5  |
| Massage  | G/R  | 4  |
| Mouth bits  | G/R  | 3  |
| Romantic play  | G/R  | 3  |
| Sensory deprivation  | G/R  | 5  |
| Serving  | G/R  | 5  |
| Serving as furniture  | G/R  | 3  |
| Serving as a maid  | G/R  | 3  |
| Soap in mouth  | NO | No  |
| Swapping  | G/R  | 4  |
| Teasing  | G/R  | 5  |
| Tickling  | G/R  | 3  |
| Verbal humiliation  | G/R  | 5  |
| Voyeurism  | G/R  | 4  |
| Wrestling  | G/R  | 4  |